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PURPOSE

The purpose of the Anti-Doping Guide is to give the Summer Youth Olympic Games Dakar 2026 (hereinafter referred also to as the “Games”) participants and stakeholders information about the anti-doping program.

This Guide is not a detailed set of rules, but rather a summary of key information regarding the events anti-doping procedures and requirements. It complements the International Olympic Committee’s (IOC) Anti-Doping Rules for the Youth Olympic Games but does not replace or supersede them.

This document reflects planning as of July 2026. All information contained within this document is subject to revision based on possible changes, amongst others, to the competition schedule, venue operations and security requirements.

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1. GOVERNANCE

During the Summer Youth Olympic Games Dakar 2026, Doping Control activities will be conducted by the following organisations:

Testing Authority (TA)	IOC (delegated to ITA)
Sample Collection Authority (SCA)	Dakar 2026 Organizing Committee
Results Management Authority (RMA)	IOC (delegated to ITA)

IOC ANTI-DOPING RULES

During the period of the Summer Youth Olympic Games Dakar 2026, which starts from the opening of the Olympic Village on 27 October 2026 up to and including the day of the Closing Ceremony on 13 November 2026, the IOC Anti-Doping Rules applicable to the games (the “IOC Anti-Doping Rules”) will apply.

The IOC Anti-Doping Rules applicable to the Summer Youth Olympic Games Dakar 2026 are based on the WADA “Model Major Events Organisations Anti-Doping Rules” pursuant to the 2021 World Anti-Doping Code (the “Code”) of which the IOC is a signatory.

The IOC Anti-Doping Rules are complemented by mandatory International Standards and other internal policies and procedures. Athletes entered in the Youth Olympic Games may be tested at any time during the Games Period, as well as in the lead up to the Games, regardless of their location.

All participants are bound by the IOC Anti-Doping Rules as a condition of eligibility to participate in the Summer Youth Olympic Games Dakar 2026.

DELEGATION TO THE ITA

The IOC delegated some of its responsibilities related to the implementation of the Doping Control in relation to the Games to the International Testing Agency (the “ITA”) in accordance with the Code and the IOC Anti-Doping Rules. This delegation includes without limitation, risk assessment, test distribution planning, therapeutic use exemptions (“TUEs”) and results management. Notwithstanding the above, the IOC, as the Signatory to the Code, remains responsible from a Code compliance perspective for all aspects of Doping Control conducted by the ITA or other third parties on the IOC’s behalf at the Summer Youth Olympic Games Dakar 2026.

While the IOC remains the Testing and the Results Management authority in the Summer Youth Olympic Games Dakar 2026, in practice, the ITA will carry out Testing activities and conduct results management activities on behalf of the IOC. To the extent an Anti-Doping Rule Violation (“ADRV”) is asserted, the ITA will file an application with the Anti-Doping Division of the Court of Arbitration for Sport (“CAS Anti-Doping Division”) in the name of the IOC.

Furthermore, the Senegalese National Anti-Doping Organization (“NADOS”) as well as Africa Regional Anti-Doping Organizations (RADOs) will also cooperate closely with the ITA in the delivery of the Doping Control activities, both prior and during the Youth Olympic Games.

2. MEDICATION USE

THE PROHIBITED LIST

WADA's Prohibited List, applicable for Athletes at all times, including the Games, is the [WADA Prohibited List 2026](#).

All samples collected in the scope of the Games will be screened for Prohibited Substances and Prohibited Methods referred to in the Prohibited List 2026. It is the responsibility of each athlete to determine whether a substance and/or method they use or intend to use is included on the Prohibited List 2026.

Please note that the Prohibited List 2026 is available in several languages: [English](#), [Arabic](#), [Catalan](#), [French](#), [German](#), [Greek](#), [Norwegian](#), [Portuguese](#), [Spanish](#), [Turkish](#), and [Ukrainian](#).

We call on athletes, entourage, and all stakeholders to note major modification concerning tramadol and WADA has developed the Athlete and Athlete Support Personnel (ASP) Factsheet on tramadol, which is available on [WADA's website](#).

MEDICATION USE

At all times, athletes are strongly advised to check the status of all medications (both prescription and non-prescription) through appropriate means such as their team physicians and medical support staff.

Another resource an athlete may consult is the Global Drug Reference Online (Global DRO), a multi-lingual online drug reference database maintained by several National Anti-Doping Organisations (NADOs). Athletes and support personnel can search on Global DRO for the prohibited status of medication ingredients, as well as the status of medication brands available for purchase in Australia, Canada, Japan, New Zealand, Switzerland, the United Kingdom and the United States. The database can be found at www.GlobalDRO.com.

For more information about medications, check out the ITA Athlete Hub:

- [Medications - International Testing Agency](#)
- [Medications Quick Guide - International Testing Agency](#)

SUPPLEMENT USE

The use of dietary supplements by athletes is strongly discouraged because in many countries the manufacturing and labelling of supplements may not follow strict controls and can contain prohibited substances.

Athletes using nutritional supplements may risk a positive test resulting in an ADRV and applicable sanctions.

Importantly for young athletes, supplements can present a health risk as they are not designed for this age group.

Extreme caution is recommended regarding the use of supplements. Before using any supplement, young athletes and their support personnel should always consult a qualified nutritionist to take a food first approach.

If there is an identified need for a supplement, athletes and their support personnel should:

- Research trustworthy resources
- Check ingredient labels against the Prohibited List (although remembering contamination and mislabelling are possible)
- ONLY consider supplements that are batch tested by an independent supplement certification program for substances prohibited in sport

For more information about supplements, check out the ITA Athlete Hub:

- [Supplements - International Testing Agency](#)
- [Supplements Quick Guide - International Testing Agency](#)

3. THERAPEUTIC USE EXEMPTION (TUE)

There are situations in which athletes need to take a Prohibited Substance or use a Prohibited Method, as specified by the Prohibited List 2026, for health reasons.

Athletes must establish that the prohibited substance or method is required from a medical standpoint, and a TUE will only be granted if the medical file meets the strict requirements of the International Standard for TUEs. A TUE gives the authorisation to use that substance or method while competing, without triggering an ADRV and applicable sanctions.

The IOC Anti-Doping Rules stipulate a specific process for athletes to ask for and be authorised to follow the prescribed treatment. Applications for TUEs are evaluated by a panel of physicians, the International TUE Committee ("ITUEC") appointed by the ITA.

All relevant information on TUEs for the Summer Youth Olympic Games Dakar 2026 can be found on the ITA website at [Therapeutic Use Exemptions \(TUEs\) - International Olympic Committee Events](#).

For more information about TUEs, check out the ITA Athlete Hub:

- [Therapeutic Use Exemptions \(TUEs\)](#)
- International Testing Agency
- [Therapeutic Use Exemption \(TUE\)](#)
Quick Guide - International Testing Agency



4. WHEREABOUTS & ROOMING INFORMATION

Effective Out-of-Competition testing programs are essential in the fight against doping in sport. This largely depends on accurate and complete athletes' whereabouts and rooming information. The IOC/ITA and Dakar 2026 therefore request the assistance of all National Olympic Committee (NOCs) in this regard.

WHEREABOUTS

With respect to whereabouts information, athletes and their respective NOC are requested to ensure that they understand their obligations under their respective anti-doping rules, in particular as detailed in Article 5.6 of the IOC Anti-Doping Rules.

In order to protect clean athletes and increase the efficiency and effectiveness of the fight against doping, it is required that athletes included in the national and international testing pools of NADOs and/or IFs shall continue to provide the required whereabouts information via WADA's Anti-Doping Administration and Management System («ADAMS»). ADAMS will be used to access whereabouts information. To the extent needed, the assistance of NOCs will be requested by the ITA to help locate athletes and also to ensure athletes realise the importance of full compliance with whereabouts requirements. In specific cases, the relevant IF or NADO may be asked to include athletes in their Registered Testing Pools or Testing Pools so as to collect the athletes' whereabouts.

ROOMING INFORMATION

NOCs will be requested to provide the ITA with rooming information of all athletes belonging to their delegations during the period of the Olympic Games. Such information shall be provided to the ITA by the Chef de Mission (CdM) or other designated staff **within 24 hours of their arrival at the Youth Olympic Village.**

The mandatory period of rooming information is defined as the period during which both requirements below are met:

- During the Games period (October 27th – November 13th); and
- The presence of each athlete in Senegal¹.

NOCs shall also monitor and manage the updates of the rooming information, and provide any further reasonable assistance requested by the ITA in order to locate athletes belonging to their delegations.

Failure to provide whereabouts / rooming information may lead to disciplinary consequences for athletes and NOCs.

¹ In the exceptional documented scenario where athletes have definitively terminated their participation to the Games and subsequently remain in Senegal (outside of Olympic premises) for personal reasons unrelated to the Games (e.g. holidays, etc.), NOCs are not required to provide rooming information for such periods after the competition.

5. EDUCATION

PRE-GAMES

NOC Responsibilities

NOCs, as Signatories of the Code, within the scope of their responsibility, and in cooperation with other Signatories, have a responsibility to plan, implement, monitor, evaluate and promote clean sport education for athletes and Athlete Support Personnel prior to them attending a Major Event.

NOC responsibilities in clean sport education, as defined in the International Standard for Education (“ISE”) Article 7.5, are to:

- Cooperate with their respective NADO to ensure that athletes and Athlete Support Personnel selected to participate in the Youth Olympic Games shall receive education prior to the event.
- Require National Federations (NFs) to conduct education in coordination with the NADO.
- Be the authority on education where a NADO does not exist.

The Code Article 18.2 and International Standard for Education Article 5.2 outline the topics that must be included in an Education Program:

- Principles and values associated with clean sport;
- Athletes’, ASP and other groups’ rights and responsibilities under the Code;
- The principle of Strict Liability;
- Consequences of doping (e.g., physical and mental health, social and economic effects, and sanctions);

- Anti-Doping Rule Violations (ADRVs);
- Substances and methods on the Prohibited List (List);
- Risks of supplement use;
- Use of medications and Therapeutic Use Exemptions (TUEs);
- Testing procedures, including urine, blood and the Athlete Biological Passport (ABP);
- Requirements of the Registered Testing Pool (RTP), including Whereabouts and the use of ADAMS; and
- Speaking up to share concerns about doping.

In addition to the compulsory topics, Games-specific education must be tailored to provide detailed information regarding the Event’s anti-doping rules, procedures and requirements. This includes:

- Key dates, including the period of the Games/ championship and when jurisdiction changes.
- In-competition and out-of-competition periods.
- Rules, including the List and any sport-specific additions.
- TUEs – what to do beforehand and how to get one if needed during the competition.
- Whereabouts requirements (for athletes in a testing pool).
- Testing – the process, who can test, types of testing, testing equipment.
- Where to report intelligence or suspicions of doping.
- What happens if anti-doping rules are broken and potential consequences, including any specific consequences for team events.

ITA NOC Clean Sport Education Guide

NOCs, as Signatories of the Code, within the scope The ITA has developed an NOC Clean Sport Education Guide for Dakar 2026 and associated resources to support NOCs in planning and delivering a pre-Games Education Program that prepares athletes to compete clean and enables Athlete Support Personnel to play a key role in clean sport.

The NOC Clean Sport Education Guide for Dakar 2026 is available on the ITA website [ITA publishes NOC Clean Sport Education Guide: a resource for the Dakar 2026 Youth Olympic Games](#).

WADA ADEL for Talented Athletes competing at Major Events

WADA ADEL for Talented Athletes competing at Major Events (TAME) is a recommended pre-Games education activity for athletes attending the Games. By completing the course, athletes will gain a clear understanding of Anti-Doping rules, learn why certain medications may contain prohibited substances, and become familiar with the testing process.

The [online course](#) is available in English, French, Spanish, Albanian, Arabic, Bengali, Burmese, Chinese traditional, Hindi, Japanese, Kazakh, Khmer, Korean, Kyrgyz, Lao, Mongolian, Persian, Portuguese, Russian, Sinhala, Tetum, Turkmen, Uzbek, and Vietnamese.

GAMES-TIME

Together for Clean Sport

The ITA and the World Anti-Doping Agency (WADA) will collaborate to raise awareness and deliver clean sport education for athletes and their entourage at the Summer Youth Olympic Games Dakar 2026. This initiative is part of the wider Athlete Education Program which is a key pillar of Youth Olympic Games.

Clean sport education activities will be hosted by ITA Education Ambassadors with further engagement offered by WADA Athlete Council Members and other Olympians, who are all former athletes and role models, in the Youth Olympic Village during competition days. All athletes and their entourage are strongly encouraged to visit and complete a fun and interactive clean sport education activity and to ask any anti-doping questions. They will also be asked to join our Clean Sport team to promote sport without doping.

Education Materials

Dakar 2026 will ensure that education materials are available in each Doping Control Station at the Games. The list of materials available can be found under section 10 "Doping Control resources".



6. TESTING

During the period of the Games, all athletes may be tested by the ITA during the Summer Youth Olympic Games Dakar 2026, at any time or place with no advance notice required to be given to the athletes. Both urine and blood may be collected.

Anti-Doping Organisations (“ADOs”) wishing to carry out Doping Controls on the athletes within their authority during the Period of the Games are required to contact the ITA, in order to coordinate testing activities. This also applies to the period prior to the athletes having validated their Olympic identity and accreditation cards for the Games and subsequent to the athletes having finished their final competitions at the Games.

All sample collection procedures implemented by the ITA are in compliance with the International Standard for Testing and Investigations (“ISTI”).

IN-COMPETITION AND OUT-OF-COMPETITION

The standard definition of In-Competition and Out-of-Competition as per the IOC Anti-Doping Rules applies to the Games.

The definition of In-Competition means “The period commencing at 11:59pm on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition”.

Note: Where WADA so agrees, an International Federation may specify a different definition of In-Competition.

The definition of Out-of-Competition is “Any Doping Control that is not In-Competition”.

The term “Competition” is defined as “a single race, match, game or singular sport contest”, such as the Men’s 100m in athletics for example.

ATHLETE’S GUIDE TO TESTING

The ITA’s athlete’s guide to testing infographics, which can be found here: [An athlete’s guide to testing - English - International Testing Agency](#), provide athletes with core information about the doping control process, including the athlete’s rights and responsibilities. It is available in 13 languages. [Click here](#) to access a mobile-friendly version.

When an athlete who is a minor (under 18) is selected for doping control, the process is similar to that for adult athletes, but modifications are made to ensure their safety and well-being. The ITA also has [A Guide to Doping Control for Athletes Who Are Minors - International Testing Agency](#) outlines the modifications for athletes under 18 and their support personnel, so you know what to expect during testing. A wider range of languages can also be accessed from [ITA’s website](#).

SPECIFIC TESTING AT DAKAR 2026

Closing Ceremony Day

All athletes in Breaking, Fencing and Beach Handball must complete their tests before travelling to the Closing Ceremony except for those athletes whose presence is required at the Closing Ceremony.

For athletes whose presence is required at the Closing Ceremony, Dakar 2026 will develop measures to ensure they can complete the tests as required under the Code and attend the Ceremony.

World and Youth Olympic Records

For the Games, Doping Control will be conducted to ratify such Records only where required by the relevant IF.

Testing Requests

In order to ratify a national or regional record, a test may be requested by the athlete, their support staff or the athlete's NOC. Any such requested test will be at the expense of the applicant. Details of the procedure for requesting a test will be confirmed before the Games.

TESTING PROCESS

Doping Control Equipment

Berlinger sample collection equipment will be used at the Dakar 2026 Games for the collection (Berlinger Urine Collection Vessel), sealing of urine samples (BEREG-Kit Plastic) and blood samples (BEREG-Kit small), and Partial Sample Bags.



BEREG-Kit Plastic



Berlinger Urine Collection Vessel



BEREG-Kit small



Berlinger Partial Sample Bags



Berlinger accessories, such as tubes and needles, will also be used for the collection of blood samples.

Berlinger's blood accessory portfolio consists of blood serum, whole blood and blood passport collection sets.

This equipment conforms with the 2026 International Standard for Testing and Investigations (ISTI).

Doping Control Sample Collection System

Dakar 2026 and the ITA will work with a doping control sample collection paper forms for their activities during the Summer Youth Olympic Games Dakar 2026.

Authorised personnel

In addition to the sample collection personnel, additional accredited observers (besides the athlete and athlete representative) may also be in the processing room during a sample collection session. With prior agreement of the athlete, these observers are:

- ITA Staff

In order to implement effective Doping Control activities during the Games, a team of ITA Officers will be dispatched at competition venues not only to monitor the compliance of the activities but also for on-site support and troubleshooting, when required.

Food and Beverage

In accordance with the ISTI, it is the athlete's responsibility to choose whether or not to consume food or liquids prior to producing a Doping Control sample and at their own risk.

Food

No food will be made available in the DCS.

Athletes are allowed to bring food with them to the DCS and a person designated by the athlete is also allowed to provide them with food. Food consumption is allowed in the waiting area but not in the processing room of a DCS.

Beverages

A selection of water and other sealed beverages will be available in the DCS.

The athlete should always choose their own drink and is responsible for any food or drink they consume.

No alcohol is allowed in the DCS or during Doping Control activities.

Athletes should avoid over-hydration as this may lead to the provision of samples not meeting the requirements for the suitable specific gravity and therefore prolong the sample collection session.

Language services

Dakar 2026 will recruit Doping Control Personnel with broad language skills and will attempt to match languages to the anticipated needs of each sport. However, if an athlete or their support staff prefer to use their own interpreter, they may arrange for their own interpreter to accompany them.

Mobile phones and cameras

Athletes and their support personnel can use their mobile phones in the waiting area of the DCS if they do NOT disturb other athletes and Athlete Support Personnel.

The use of mobile phones in the processing room will only be permitted if required to complete the doping control process and explicitly allowed by the DCO (for example, to ask the NOC Team Doctor for prescriptions names and other medical details, translation, etc.).

Mobile phones shall NOT be used as a camera and/or to record the process once inside the DCS. No other video and/or audio recording devices are allowed to be used in the DCS.

Transport

Athletes and representatives can use the usual Common Shuttle Services (CSS) to return to the Youth Olympic Village (YOV).

Outside of CSS hours of operation, Dakar 2026 will provide appropriate transport for athletes (and officials) who have undergone doping control from the competition venue to the YOY.

7. WADA ACCREDITED LABORATORY

Samples collected at the Games will be analysed at the World Anti-Doping Agency (WADA) accredited laboratory in Paris, France: Laboratoire Anti-Dopage Français ("LADF"), Université de Paris-Saclay.

The analysis results of the tests for the Summer Youth Olympic Games Dakar 2026 will be reported to the ITA, on behalf of the IOC and WADA from the LADF through ADAMS.

Results shall be rendered by the LADF in accordance with the standard analysis turnaround time defined by the Code. More time may be required for samples requiring additional analyses, including, but not limited to, confirmation analyses. Any Adverse Analytical Finding reported on samples collected as part of the Games' Doping Control program will be dealt with in accordance with the IOC Anti-Doping Rules.

8. CONSEQUENCES OF DOPING: RESULTS MANAGEMENT

Pursuant to the delegation from the IOC, the ITA will manage the results management process for any Anti-Doping Rule Violation (“ADRV”) under the IOC jurisdiction stemming from the Games.

In accordance with the IOC Anti-Doping Rules, should the ITA proceed with the assertion of an ADRV, notifications will be served simultaneously to the athlete and the NOC. The IF, NADO, the IOC and WADA will also be notified at the same time.

Should a hearing take place, it will be before the CAS ADD and in accordance with the IOC ADR and CAS ADD procedural rules.

Upon resolution of the case, results management proceedings in relation to sanctions beyond the Games will be referred to the relevant IF.

9. REPORTING DOPING IN SPORT: ITA INTELLIGENCE SHARING AND CONFIDENTIAL REPORTING PLATFORM

The IOC, ITA and Dakar 2026 are committed to protecting clean athletes, clean athlete support personnel and the integrity of sport.

All stakeholders are strongly encouraged to share with the ITA any available doping-related information relevant to Athletes or other Persons involved in the Youth Olympic Games Dakar 2026, both before and during the Period of the Games, via ITA's dedicated secure confidential and proactive reporting platform, REVEAL (www.reveal.sport), which also is available for proactive reporters to share doping-related suspicions relating to the Youth Olympic Games Dakar 2026.

All Athletes, coaches, medical personnel and other Persons involved in the Youth Olympic Games Dakar 2026 may use REVEAL as an encrypted and secure channel of communication for sharing any proactive reporting or suspicious information related to doping information. Any reporting may be done anonymously and confidentially.

Every piece of the puzzle, big or small, helps to keep sport clean!

10. ADDITIONAL RESOURCES

USEFUL LINKS

YOUTH OLYMPIC GAMES

APPLICABLE RULES	IOC Anti-Doping Rules IOC-Anti-Doping-Rules-applicable-to-the-4th-Summer-Youth-Olympic-Games-Dakar-2026.pdf
Major Event Organiser	IOC Dakar 2026 page Dakar 2026 - Youth Olympic Games ITA Dakar 2026 Summer Youth Olympic Games Dakar 2026 - International Testing Agency
Intelligence & Investigation	ITA Intelligence platform (REVEAL)
Therapeutic Use Exemption	Therapeutic Use Exemptions (TUEs) - International Olympic Committee Events - International Testing Agency
WADC	World Anti-Doping Code
INTERNATIONAL STANDARDS	International Standard for Testing and Investigation International Standard for Therapeutic Use Exemptions
MEDICATION DATABASE	Global DRO – multi-lingual online drug reference database
DOPING CONTROL PROCESS	World Anti-Doping Agency - The Doping Control Process for Athletes Urine sample collection process – movie
EDUCATION RESOURCES	Clean Sport Education resources for Athletes and their entourage: • ITA Athlete Hub • WADA ADEL
DOPING CONTROL RESOURCE	Clean Sport Education resources for NOCs : • English Guide • French Guide
AVAILABLE IN DOPING CONTROL STATION	Athlete's Guide to Testing: • An athlete's guide to testing - English - International Testing Agency • A Guide to Doping Control for Athletes Who Are Minors - International Testing Agency
DOPING CONTROL RESOURCES AVAILABLE IN DCS	ITA «pocket guides» ITA Athlete guide to testing (one-pager in 12 languages) ITA posters WADA Athletes' Anti-Doping Rights Act

** If you are reading this on paper, search necessary document/information by using the title written above as a key word.*

USEFUL CONTACTS

To contact the International Testing Agency (ITA)	
General contact for Doping Control	Dakar2026_MEO@ita.sport
To contact the Organising Committee (Dakar 2026)	
General contact for Doping Control	antidoping@dakar2026.org

L'AFRIQUE ACCUEILLE, DAKAR CÉLÈBRE. AFRICA WELCOMES, DAKAR CELEBRATES. AFRIG DALAL, NDAKAARU JÊMËL.

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