

SUMMER YOUTH
OLYMPIC GAMES
DAKAR 2026



NOC
**CLEAN SPORT
EDUCATION
GUIDE**

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INTRODUCTION

This Clean Sport Education Guide for the Summer Youth Olympic Games Dakar 2026 is designed by the International Testing Agency (ITA) in collaboration with the International Olympic Committee (IOC) to support your pre-YOG Athlete Education Programme.

This Guide contains specific information for these Games that you can use to educate athletes, Entourage/Athlete Support Personnel (ASP), and others in your Education Pool. Alongside this Guide we have prepared a corresponding slide deck to use in your Education Activities. For general education support and resources, please refer to the NOC Clean Sport Education Guide.

As signatories of the World Anti-Doping Code, all National Olympic Committees (NOCs) must ensure that athletes and Entourage/ASP receive education prior to the Olympic Games (International Standard for Education (ISE), Article 7.5.2). This shall be done in cooperation with the National Anti-Doping Organisation (NADO). If no NADO exists, the NOC will take responsibility for education (ISE, Article 7.5.1).

Education is a vital prevention strategy against both intentional and unintentional doping in sport. It is a fundamental component of any anti-doping program. Education supports the preservation of the spirit of sport and helps foster a clean sport environment. Let’s all do our part in protecting athletes and Keeping Sport Real!

If you have any questions about this guide or clean sport education, contact us at education@ita.sport.

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The ITA is an independent international organisation that manages comprehensive and independent anti-doping programs. It leads its activities in compliance with the World Anti-Doping Code, without any real or perceived conflict of interest, following its main objective to protect the integrity of sport and athletes all over the world. The IOC has delegated its entire anti-doping program to the ITA since 2018, including for the **Summer Youth Olympic Games Dakar 2026**.

Find out more about the ITA
[What is the ITA?](#)



An athlete's **first experience** with anti-doping should be through Education rather than Doping Control

INTERNATIONAL STANDARD FOR EDUCATION

VALUES

An athlete’s pride in their performance is a key aspect of clean sport. Those who compete fairly can take genuine pride in their accomplishments, knowing that their success is a result of hard work, dedication, and talent. This reinforces the values of integrity and excellence in sport.

Hear from athletes as they share the advice they would give to their younger selves – a lesson that shaped their understanding of clean sport and revealed its true value:

BILLY-SCOTT IRAKOZE, OLY
ITA EDUCATION AMBASSADOR



RILEY MCGOWN
ITA EDUCATION OFFICER



ADRIANA ESCOBAR
ITA EDUCATION AMBASSADOR



ANITA HARTUNG
ITA EDUCATION OFFICER



SARRA BESBES, OLY
ITA EDUCATION AMBASSADOR





ATHLETE RESPONSIBILITIES

- Cooperate with Anti-Doping Organisations and your Sport Federation
- Be available for sample collection at all times
- Inform medical personnel of your obligations as an athlete
- Disclose to your NADO and IF any decision (whether by a Signatory or non-Signatory) that you have committed an ADRV within the previous ten years
- Disclose the identity of your Entourage/ASP upon request
- Take the responsibility for what you ingest and use
- Not work with coaches, trainers, physicians or other Entourage/ASP who are ineligible on account of an ADRV, or who have been criminally convicted or disciplined in relation to doping
- Know and follow the rules

THE RULES

ANTI-DOPING RULES

During the period of the Summer Youth Olympic Games Dakar 2026, which starts from the opening of the Olympic Village on 27 October 2026 up to and including the day of the Closing Ceremony on 13 November 2026, the IOC Anti-Doping Rules applicable to the Games (the “IOC Anti-Doping Rules”) will apply. These Rules can be found here:

English [IOC-Anti-Doping-Rules-applicable-to-the-4th-Summer-Youth-Olympic-Games-Dakar-2026.pdf](#)

French [Regles-Antidopage-du-CIO-applicables-aux-4es-JOJ-d-ete-de-Dakar-2026.pdf](#)

THE PROHIBITED LIST

The [2026 Prohibited List](#) will be in force for the Summer Youth Olympic Games Dakar 2026.

ANTI-DOPING PROGRAM FOR DAKAR 2026



OUT-OF-COMPETITION TESTING

COMPETITIONS

IN-COMPETITION
TESTING

Opening of
Youth Olympic
Village

**27
Oct**
2026

Start of
Competition

**30
Oct**
2026

Opening
Ceremony

**31
Oct**
2026

Closing
Ceremony

**13
Nov**
2026

TESTING

During the period of the Games, all athletes can be subject to Doping Controls, urine and/or blood, initiated by the ITA at any time or place, with no advance notice. All Doping Controls will be carried out in compliance with [WADA's International Standards](#) in addition to the IOC Anti-Doping Rules.



BERLINGER URINE SAMPLE
COLLECTION KIT



BERLINGER VENOUS BLOOD SAMPLE
COLLECTION KIT

ATHLETES CAN BE TESTED

In-Competition: the period commencing at 11:59 p.m. on the day before a Competition in which the Athlete is scheduled to participate through to the end of such Competition and the sample collection process related to such Competition.*

**The World Anti-Doping Agency (WADA) may approve, for a particular sport, an alternative definition for the In-Competition period if an International Federation provides a compelling justification that a different definition is necessary for its sport; and upon such approval by WADA, the IOC will follow the alternative definition for that particular sport.*

Please refer to [WADA's list of approved alternative "in-competition" definitions](#) and the respective International Federation anti-doping rules for further details. As of the date of the publication of this resource, the Fédération Équestre Internationale (FEI) and the International Tennis Federation (ITF) have WADA approved alternative In-Competition periods.

Out-of-Competition: any period that is not In-Competition.

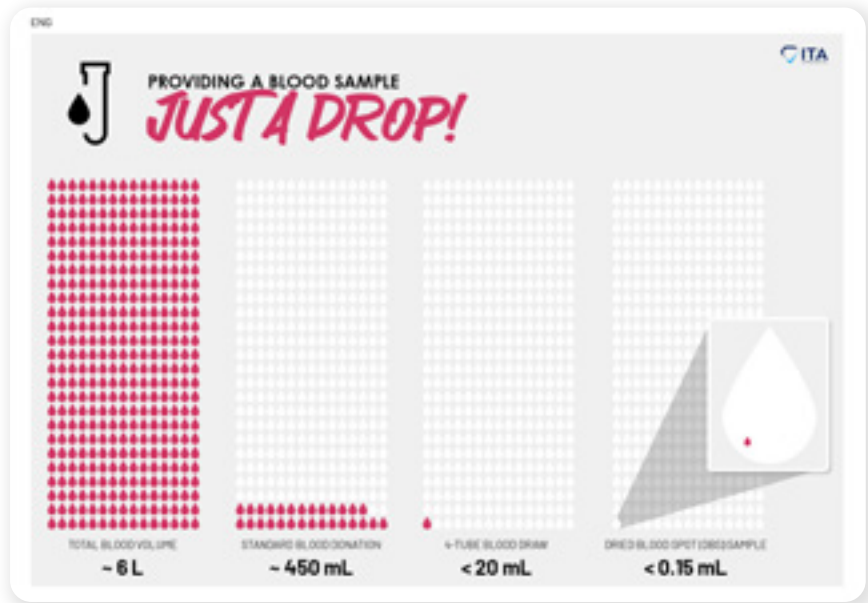
TESTING
EDUCATION
RESOURCES



AN ATHLETE’S GUIDE TO TESTING
Key steps of the process, including **athlete’s rights and responsibilities**.

(available in 13 languages)

- [Arabic \(العربية\)](#)
- [Chinese \(中文\)](#)
- [English](#)
- [French \(Français\)](#)
- [German \(Deutsch\)](#)
- [Hungarian \(magyar\)](#)
- [Italian \(Italiano\)](#)
- [Japanese \(日本語\)](#)
- [Korean \(한국어\)](#)
- [Portuguese \(Português\)](#)
- [Russian \(русский\)](#)
- [Spanish \(Español\)](#)
- [Vietnamese \(Tiếng Việt\)](#)



JUST A DROP
Infographic of blood volume taken during a test

(available in 14 languages)

- [Arabic \(العربية\)](#)
- [Chinese \(中文\)](#)
- [English](#)
- [French \(Français\)](#)
- [Finnish \(Suomi\)](#)
- [German \(Deutsch\)](#)
- [Hungarian \(magyar\)](#)
- [Italian \(Italiano\)](#)
- [Japanese \(日本語\)](#)
- [Korean \(한국어\)](#)
- [Portuguese \(Português\)](#)
- [Russian \(русский\)](#)
- [Spanish \(Español\)](#)
- [Vietnamese \(Tiếng Việt\)](#)



A GUIDE TO DOPING CONTROL FOR ATHLETES WHO ARE MINORS

(available in 13 languages)

- [Arabic \(العربية\)](#)
- [Chinese \(中文\)](#)
- [English](#)
- [French \(Français\)](#)
- [German \(Deutsch\)](#)
- [Hungarian \(magyar\)](#)
- [Italian \(Italiano\)](#)
- [Japanese \(日本語\)](#)
- [Korean \(한국어\)](#)
- [Portuguese \(Português\)](#)
- [Russian \(русский\)](#)
- [Spanish \(Español\)](#)
- [Vietnamese \(Tiếng Việt\)](#)

WHEREABOUTS

During the period of the Games, athletes included in a Registered Testing Pool (RTP) or other type of testing pool, remain responsible for ensuring accurate and detailed whereabouts information. This includes:

- Olympic Village
- Block and room number
- Venue and time of training
- If an athlete is included in an RTP, they must continue to provide a 60-minute time slot

This is so they can be easily located from the date of the opening of the Olympic Village up to and including the date of the Closing Ceremony of the Summer Youth Olympic Games. The [Anti-Doping Administration & Management System \(ADAMS\)](#) will be used to access whereabouts information. If an athlete is unable to be located, this will be referred to the athlete's whereabouts custodian organisation to assess and decide on any potential whereabouts failure.

WHEREABOUTS SUPPORT RESOURCES

Check out the [ITA Athlete Hub Whereabouts](#) page for key information and answers to FAQs.

For practical tutorials from ITA Experts to support athletes to navigate ADAMS, click these links:

- [ADAMS tutorials](#)
- [ADAMS & Whereabouts quick reference card](#)

ITA ROOMING APP

NOCs must submit event-related whereabouts information for all athletes of their delegation, whether or not included in a testing pool, including rooming lists. Detailed instructions on the submission process will be provided by the ITA to NOCs in the coming months. NOCs are also responsible for ensuring that athletes realise the importance of compliance with whereabouts requirements. How this is done is specific to each NOC's context, but should be included in pre-Games education and can be included in briefings and written communications. Along with other stakeholders, NOCs should cooperate promptly with any whereabouts-related requests from the ITA before and during the Dakar 2026 Games. For questions, please contact the ITA at antidoping_games@ita.sport.

THERAPEUTIC USE EXEMPTIONS

There are situations in which athletes need to take a Prohibited Substance or use a Prohibited Method, as specified by the Prohibited List 2026, for health reasons.

A TUE gives the authorisation to use that substance or method while competing, without triggering an ADRV and applicable sanctions.

Athletes must establish that the prohibited substance or method is required from a medical standpoint and a TUE will only be granted if the medical file meets the strict requirements.

The IOC Anti-Doping Rules stipulate a specific process for athletes to ask for and be authorised to follow the prescribed treatment. Applications for TUEs are evaluated by a panel of physicians, the International TUE Committee (ITUEC) appointed by the ITA.

All relevant information on TUEs for the Summer Youth Olympic Games Dakar 2026 can be found on the [ITA website](#).

REPORTING DOPING

All stakeholders are encouraged to share any doping-related intelligence about athletes, Entourage/ASP, or others involved in the Summer Youth Olympic Games Dakar 2026 at any time before, during, or after the Games.

Athletes, coaches, medical personnel, and others can use the ITA's secure confidential reporting platform, [REVEAL](#), to share doping-related concerns. Reports can be submitted in any language and remain completely anonymous, secure, and confidential, while allowing for two-way communication with the ITA I&I team.

- [Web-based platform](#)
- Anonymous WhatsApp +41 79 807 85 18
- [Anonymous Email](#)

CONSEQUENCES OF AN ANTI-DOPING RULE VIOLATION (ADRV)

INDIVIDUAL

- Disqualification of Results in the Summer Youth Olympic Games Dakar 2026
- Ineligibility on the Athlete or other Person for such Competitions at the Summer Youth Olympic Games Dakar 2026 in which such Athlete or other Person has not yet participated
- Exclusion from the Summer Youth Olympic Games Dakar 2026
- Loss of accreditation
- Automatic publication of sanction
- Sanctions beyond the Summer Youth Olympic Games Dakar 2026: completion of the Results Management shall be referred to the applicable International Federation, and a sanction may include a period of ineligibility

TEAMS

- Where more than one member of a team in a Team Sport has been notified of an Anti-Doping Rule Violation (ADRV) in connection with the Summer Youth Olympic Games Dakar 2026, the ITA shall conduct appropriate Target Testing of the team during the Period of the Games
- If one or more members of a team in a Team Sport are found to have committed an ADRV during the Period of the Games, the rules of the relevant International Federation will apply in imposing a sanction on the team in addition to the consequences imposed on the individual athlete who committed the ADRV
- Sanctions under International Federation rules may include for example:
 - Loss of points
 - Disqualification from a Competition, Event and the Summer Youth Olympic Games Dakar 2026
 - Other sanctions

EDUCATION RESOURCES

- **WADA ADEL for Talented Athletes competing at Major Events**

[WADA ADEL for Talented Athletes competing at Major Events \(TAME\)](#) is a recommended pre-Games education activity for athletes attending the Summer Youth Olympic Games Dakar 2026. By completing the course, athletes will gain a clear understanding of Anti-Doping rules, learn why certain medications may contain banned substances, and become familiar with the testing process. This activity is part of the e-learning course “Mastering Your Sporting Journey” available for athletes and entourage members on Athlete365.

The WADA e-learning is available in English, French, Spanish, Albanian, Arabic, Bengali, Burmese, Chinese traditional, Hindi, Japanese, Kazakh, Khmer, Korean, Kyrgyz, Lao, Mongolian, Persian, Portuguese, Russian, Sinhala, Tetum, Turkmen, Uzbek, and Vietnamese.

- **Summer Youth Olympic Games Dakar 2026 slide deck**

A slide deck for use in pre-Games education activities. [Check it out here!](#)

- **NOC Clean Sport Education Guide**

For National Olympic Committees and other organisations to support pre-YOG Athlete Education Programmes. [Check it out here!](#)

- **Athlete365 Anti-Doping webpage**

Key information for athletes and their entourage on the IOC Anti-Doping Program. [Check it out here!](#)

AT THE GAMES

TOGETHER FOR CLEAN SPORT

The ITA and the World Anti-Doping Agency (WADA) will collaborate to raise awareness and deliver clean sport education for athletes and their entourage at the Summer Youth Olympic Games Dakar 2026. This initiative is part of the wider Athlete Education Program which is a key pillar of Youth Olympic Games.

Clean sport education activities will be hosted by ITA Education Ambassadors with further engagement offered by WADA Athlete Council Members and other Olympians, who are all former athletes and role models.

All athletes and their entourage are strongly encouraged to visit and complete a fun and interactive clean sport education activity and to ask any anti-doping questions. They will also be asked to join our Together for Clean Sport team to promote sport without doping at the Athlete365 House in the Youth Olympic Village.

KEEPING SPORT REAL

If you have any questions, comments or feedback, please do not hesitate to contact the **ITA Education Team** at education@ita.sport



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