

# PROHIBITED ASSOCIATION

CHOOSE YOUR  
CIRCLE WISELY

Prohibited Association is one of the eleven Anti-Doping Rule Violations (ADRVs). This rule prohibits athletes and Athlete Support Personnel (ASP) from knowingly associating with an ASP in a sport-related capacity who is serving a sanction for an ADRV or a conduct which would have amounted to an ADRV had the individual been subject to anti-doping regulations.

## EXAMPLES OF PROHIBITED ASSOCIATION INCLUDE

- ✓ RECEIVING COACHING
- ✓ OBTAINING THERAPY, TREATMENT OR PRESCRIPTIONS
- ✓ OBTAINING TRAINING, STRATEGY, TECHNIQUE, NUTRITION OR MEDICAL ADVICE

**Important!** Even if these services are free, they still fall under the Prohibited Association rule.

## CONSEQUENCES

If an athlete or ASP breaks the Prohibited Association rule, they risk a **ban from all sport**.

## PROTECT YOURSELF

Be aware of who you are associating with in a sports-related context by:

- ✓ Checking the **list of individuals currently serving sanctions** with their National Anti-Doping Organisation (NADO)
- ✓ Reviewing the World Anti-Doping Agency's **international list of Athlete Support Personnel who are suspended** from working with athletes

## REPORT A CONCERN

If you suspect an ADRV, report it to the ITA via the **REVEAL platform**.

RE✓EAL