

A GUIDE TO DOPING CONTROL FOR ATHLETES WHO ARE MINORS

When an athlete who is a **minor (under 18)** is selected for doping control, the process is similar to that for adult athletes, but modifications are made to ensure their safety and well-being.

KEY MODIFICATIONS

TWO SAMPLE COLLECTION PERSONNEL ARE ASSIGNED WHEN A MINOR IS TESTED.

UNDER
18

TIPS FOR THE ATHLETE REPRESENTATIVE

Support the athlete in understanding their rights and responsibilities throughout the process.

Observe the process to ensure it is being followed correctly.

Remember that the **athlete will make all decisions** regarding your involvement.

Play a key role in framing the narrative around testing—**encourage a positive perspective**, such as: "Testing is recognition of your hard work and success."

01 NOTIFICATION

The athlete will be asked if they would like a **representative** present during the doping control process. While this is not mandatory, it is strongly recommended.

If the athlete chooses to have a representative, the Doping Control Officer (DCO) and second Sample Collection Personnel (SCP) will accompany the athlete to locate them. **The notification will then be completed in the representative's presence.**

If the athlete declines a representative, the notification will proceed as usual, but **the athlete can request one at any time.**

02 CHAPERONING

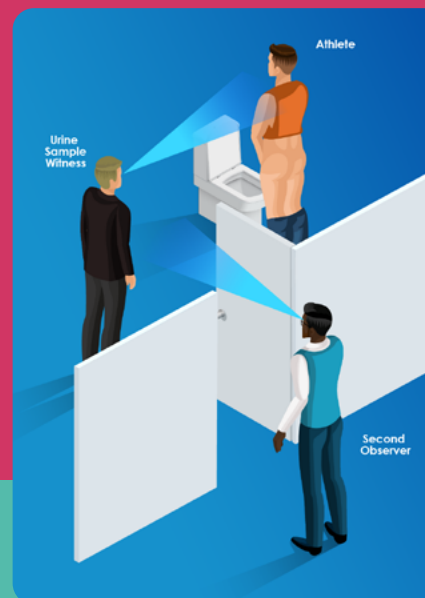
An athlete must remain in direct sight of the DCO or SCP at all times. Additionally, for a minor athlete a **second adult** (either their representative or a second SCP) **will always be present** until the doping control process is complete.

03 SAMPLE COLLECTION

At the athlete's request, their **representative may be present** in the bathroom **during sample provision**, although this is rare.

A **second observer**, who is a member of the SCP team, **will observe the DCO during the process.** This second observer will not see the athlete while they provide their sample. Their role is to observe the DCO.

If requested by the athlete, their **representative can act as an additional second observer.**



04 DOPING CONTROL FORM COMPLETION

The athlete and the athlete's representative **must check the accuracy of the information recorded** on the Doping Control Form and sign it.