

OLYMPIC WINTER
GAMES MILANO
CORTINA 2026



NOC
**CLEAN SPORT
EDUCATION
GUIDE**



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INTRODUCTION

This Clean Sport Education Guide for the Olympic Winter Games Milano Cortina 2026 is designed by the International Testing Agency (ITA) in collaboration with the International Olympic Committee (IOC) to support your pre-Games Education Program.

This guide contains specific information for these Games that you can use to educate athletes, Entourage/Athlete Support Personnel (ASP), and others in your Education Pool. Alongside this guide we have prepared a corresponding slide deck to use in your Education Activities. For general education support and resources, please refer to the NOC Clean Sport Education Guide.

As signatories of the World Anti-Doping Code, all National Olympic Committees (NOCs) must ensure that athletes and Entourage/ASP receive education prior to the Olympic Games (International Standard for Education (ISE), Article 7.5.2). This shall be done in cooperation with the National Anti-Doping Organisation (NADO). If no NADO exists, the NOC will take responsibility for education (ISE, Article 7.5.1).


Education is a vital prevention strategy against both intentional and unintentional doping in sport. It is a fundamental component of any anti-doping program. Education supports the preservation of the spirit of sport and helps foster a clean sport environment. Let’s all do our part in protecting athletes and Keeping Sport Real!

If you have any questions about this guide or clean sport education, contact us at education@ita.sport.

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The ITA is an independent international organisation that manages comprehensive and independent anti-doping programs. It leads its activities in compliance with the World Anti-Doping Code, without any real or perceived conflict of interest, following its main objective to protect the integrity of sport and athletes all over the world. The IOC has delegated its entire anti-doping program to the ITA since 2018, including for the **Olympic Winter Games Milano Cortina 2026**.

Find out more about the ITA
[What is the ITA?](#)



An athlete's **first experience** with anti-doping should be through Education rather than Doping Control

INTERNATIONAL STANDARD FOR EDUCATION

VALUES

An athlete’s pride in their performance is a key aspect of clean sport. Those who compete fairly can take genuine pride in their accomplishments, knowing that their success is a result of hard work, dedication, and talent. This reinforces the values of integrity and excellence in sport.

**Hear from Olympians who have shared their values
as they relate to clean sport:**

BILLY-SCOTT IRAKOZE, OLY
ITA EDUCATION AMBASSADOR



ELISABETH VATHJE, OLY
ITA EDUCATION AMBASSADOR

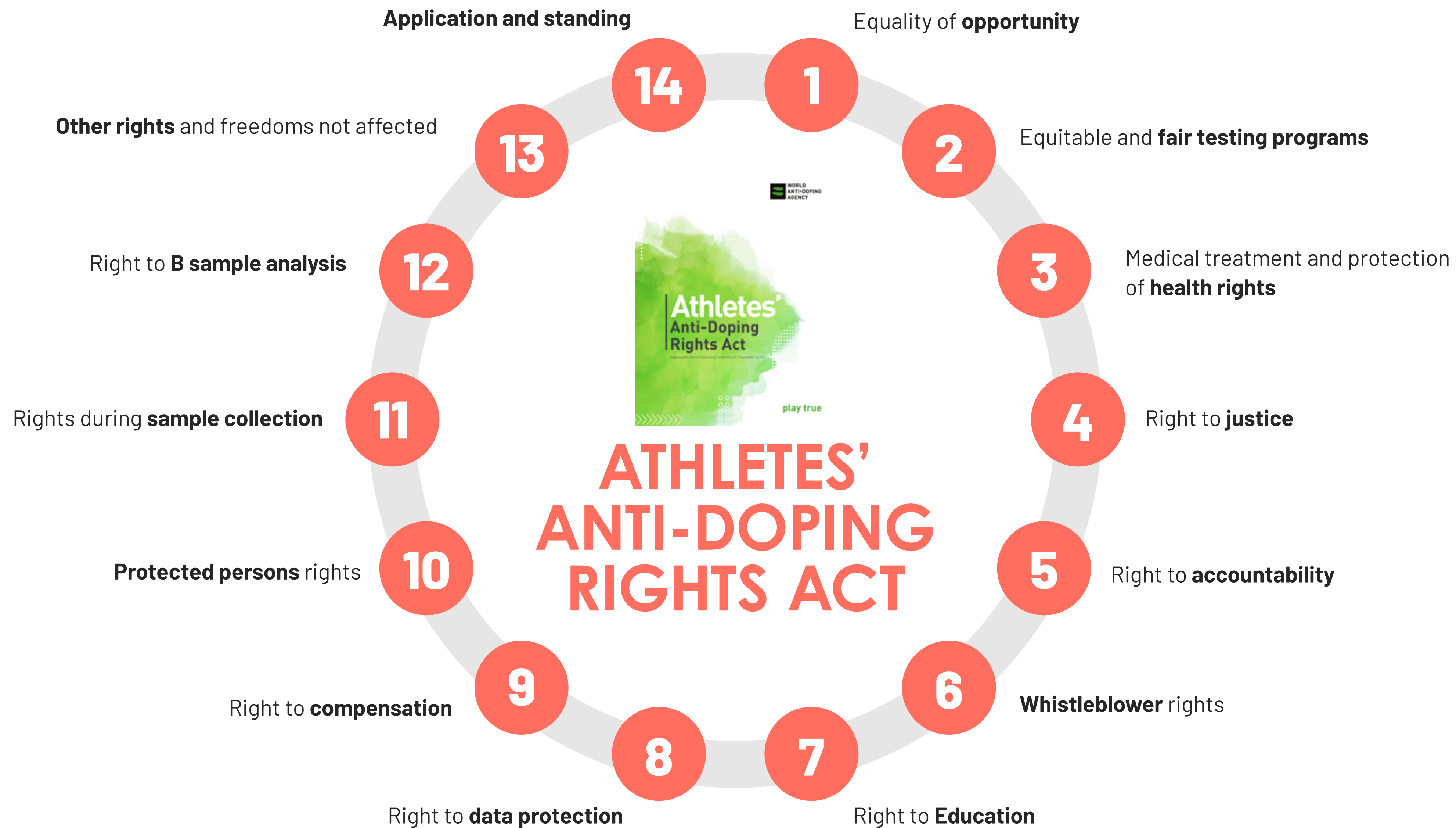


FLORENCE SCHELLING, OLY
ITA EDUCATION AMBASSADOR

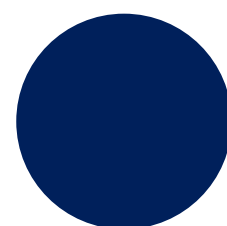


MONA BRORSSONI, OLY
WADA ATHLETE COUNCIL MEMBER

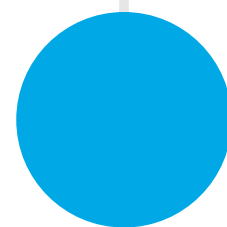




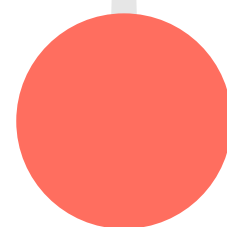
ATHLETE RESPONSIBILITIES



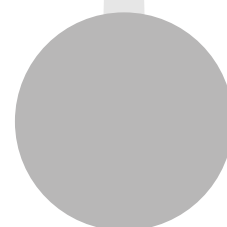
Cooperate with Anti-Doping Organisations and your Sport Federation.



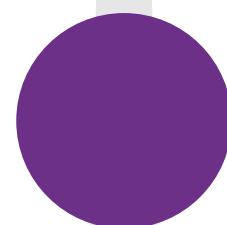
Be available for sample collection at all times.



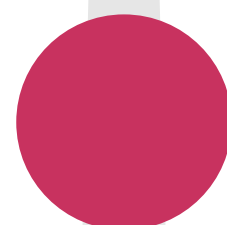
Inform medical personnel of your obligations as an athlete.



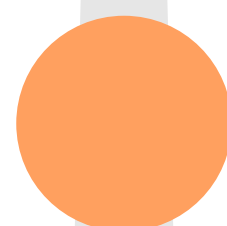
Disclose to your NADO and International Federation (IF) any decision (whether by a Signatory or non-Signatory) that you have committed an ADRV within the previous ten years.



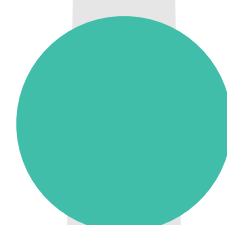
Disclose the identity of your Entourage/ASP upon request.



Take the responsibility for what you ingest and use.



Not work with coaches, trainers, physicians or other Entourage/ASP who are ineligible on account of an ADRV, or who have been criminally convicted or disciplined in relation to doping.



Know and follow the rules.

THE RULES

ANTI-DOPING RULES

The International Olympic Committee Anti-Doping Rules applicable to the Olympic Winter Games Milano Cortina 2026 can be found here:

English: [IOC-Anti-Doping-Rules-applicable-to-the-Olympic-Winter-Games-Milano-Cortina-2026.pdf](#)

French: [Regles-Antidopage-du-CIO-applicables-aux-Jeux-Olympiques-d-Hiver-Milano-Cortina-2026.pdf](#)

THE PROHIBITED LIST

The 2026 Prohibited List will be in force for the Olympic Winter Games Milano Cortina 2026.

Publication date: October 2025

Effective date: 1 January 2026

Key changes to the 2026 Prohibited List will be covered in the ITA November monthly webinar – **What You Need to Know for 2026**. This webinar is available to all and delivered in English with simultaneous translation into Arabic, French, Russian and Spanish.

[Register here!](#)

ANTI-DOPING PROGRAM FOR MILANO CORTINA 2026

IOC has
testing authority

**GAMES' TIME ANTI-DOPING
ACTIVITIES**

**ITA Milano Cortina 2026
Pre-Games Program:** coordination
with anti-doping organisations
worldwide to ensure that athletes
likely to participate in the Games are
subject to a robust testing regime.

**Extended IOC
testing jurisdiction
period:** the ITA can
directly implement
complementary testing
on any sport.

OUT-OF-COMPETITION TESTING

**COMPETITIONS
IN-COMPETITION
TESTING**

LONG-TERM STORAGE

For re-analysis of samples collected during
the pre-Games and Olympic Games period.

Q2
2025

**31
Oct**
2025

**30
Jan**
2026

**6
Feb**
2026

**22
Feb**
2026

Opening of
Olympic
Village

Opening
Ceremony

Closing
Ceremony

TESTING

During the period of the Games, all athletes can be subject to Doping Controls, urine and/or blood (venous or Dried Blood Spot), initiated by the ITA at any time or place, with no advance notice. All Doping Controls will be carried out in compliance with the [World Anti-Doping Agency's \(WADA\) International Standards](#) in addition to the IOC Anti-Doping Rules.



BERLINGER URINE SAMPLE
COLLECTION KIT



BERLINGER VENOUS BLOOD
SAMPLE COLLECTION KIT



DBS COLLECTION DEVICE
INNOVERO TASSO M20

ATHLETES CAN BE TESTED

In-competition: the period commencing at 11:59 p.m. on the day before a Competition in which the athlete is scheduled to participate through to the end of such Competition and the Sample collection process related to such Competition.*

*WADA may approve, for a particular sport, [an alternative definition for the In-Competition period](#) if an International Federation provides a compelling justification that a different definition is necessary for its sport; and upon such approval by WADA, the IOC will follow the alternative definition for that particular sport.

Please refer to [WADA's list of approved alternative "in-competition" definitions](#) and the respective International Federation anti-doping rules for further details. As of the date of the publication of this resource, no alternative In-Competition definition applies to the sports in the Olympic Winter Games Milano Cortina 2026.

Out-of-Competition: any period that is not In-Competition.

TESTING
EDUCATION
RESOURCES

AN ATHLETE’S GUIDE
TO TESTING

Key steps of the process,
including **athlete’s rights and responsibilities**.

(Available in 12 languages)

[Arabic \(العربية\)](#)

[Chinese \(中文\)](#)

[English](#)

[French \(Français\)](#)

[German \(Deutsch\)](#)

[Hungarian \(magyar\)](#)

[Italian \(Italiano\)](#)

[Japanese \(日本語\)](#)

[Korean \(한국어\)](#)

[Portuguese \(Português\)](#)

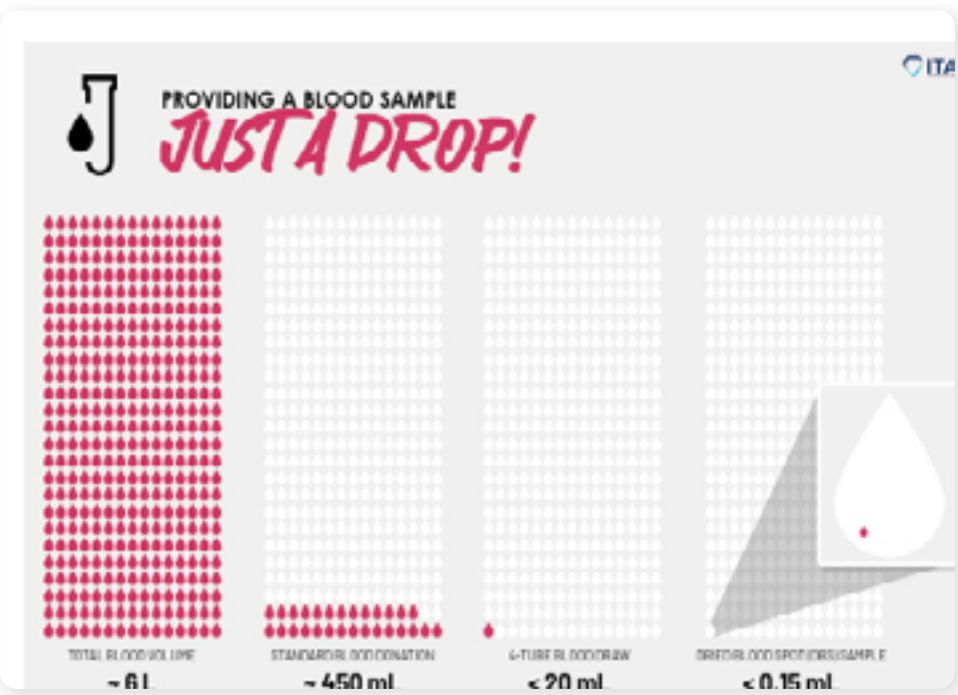
[Russian \(русский\)](#)

[Spanish \(Español\)](#)



JUST A DROP

Infographic of blood volume
taken during a test



A GUIDE TO TESTING
FOR MINOR ATHLETES



WHEREABOUTS

During the period of the Games, athletes included in a Registered Testing Pool (RTP) or other type of testing pool, remain responsible for ensuring accurate and detailed whereabouts information. This includes:

- Accommodation information including hotel name, address and room number for athletes staying outside the Olympic Villages
- Olympic Village
- Block and room number
- Venue and time of training
- If an athlete is included in an RTP, they must continue to provide a 60-minute time slot

This is so they can be easily located from the date of the opening of the Olympic Village up to and including the date of the Closing Ceremony of the Olympic Winter Games. The [Anti-Doping Administration & Management System \(ADAMS\)](#) will be used to access whereabouts information. If an athlete is unable to be located, this will be referred to the athlete’s whereabouts custodian organisation to assess and decide on any potential whereabouts failure.

WHEREABOUTS SUPPORT RESOURCES

- [ADAMS tutorials](#)

Practical tutorials from ITA Experts to support athletes to navigate ADAMS.

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ITA ROOMING APP

NOCs must submit event-related whereabouts information for all athletes of their delegation, whether or not included in a testing pool, including rooming lists, via the ITA Rooming App. Detailed instructions on the submission process will be provided by the ITA to NOCs in the coming months. NOCs are also responsible for ensuring that athletes realise the importance of compliance with whereabouts requirements. How this is done is specific to each NOC’s context, but should be included in pre-Games education and can be included in briefings and written communications. Along with other stakeholders, NOCs should cooperate promptly with any whereabouts-related requests from the ITA before and during the Milano Cortina 2026 Games. For questions, please contact the ITA at antidoping_games@ita.sport.

THERAPEUTIC USE EXEMPTIONS

Athletes may need to take a prohibited substance or use a prohibited method, as specified by the Prohibited List, for health reasons. If this is the case, a Therapeutic Use Exemption (TUE) must be obtained prior to use.

PRE-GAMES

The ITA TUE Committee (TUEC) will automatically recognise an existing TUE for the period of the Games without the need to review the relevant clinical information. If the TUE is correctly entered in [ADAMS](#), there is no need to contact the ITA. However, if confirmation is required, a request to the ITA can be made in writing to tue@ita.sport quoting an [ADAMS](#) TUE reference number.

DURING THE GAMES

As soon as an athlete knows it is necessary for them to use a Prohibited Substance or Method they should:

1. Fill in the [TUE Application Form](#), sign it and have it signed by their physician.
2. Gather all the necessary supporting medical documentation related to their diagnosis ([Checklists for TUE applications](#) and [Medical Information to Support the Decisions of TUECs](#)).
3. Submit the form and supporting documents:
 - A. Using this [online form](#); or
 - B. Directly in [ADAMS](#), if they are familiar with the process.

The medical file must include:

- A comprehensive medical history, including documentation from the original diagnosing physician(s) (where possible).
- The results of all examinations, laboratory investigations and imaging studies relevant to the application.

Note: Incomplete or illegible TUE applications will be returned for completion and re-submission.

For TUE support during the Games an [online appointment](#) can be booked.

For more Olympic Winter Games Milano Cortina 2026 TUE information, click this link:

[Therapeutic Use Exemptions \(TUEs\) - Olympic Winter Games Milano Cortina 2026 - International Testing Agency](#)

REPORTING DOPING

All stakeholders are encouraged to share any doping-related intelligence about athletes, Entourage/ASP, or others involved in the Olympic Winter Games Milano Cortina 2026 at any time before, during, or after the Games.

FOR ORGANISATIONS

Use existing intelligence-sharing mechanisms and/or email mico2026_intelligence@ita.sport.

FOR INDIVIDUALS

Athletes, coaches, medical personnel, and others can use the ITA's secure confidential reporting platform, [REVEAL](#), to share doping-related concerns. Reports can be submitted in any language and remain completely anonymous, secure, and confidential, while allowing for two-way communication with the ITA Intelligence and Investigations Team.

- [Web-based platform](#)
- Anonymous WhatsApp +41 79 807 85 18
- [Anonymous email](#)

CONSEQUENCES OF AN ANTI-DOPING RULE VIOLATION (ADRV)

INDIVIDUAL

- Disqualification of Results in the Olympic Winter Games Milano Cortina 2026.
- Ineligibility on the athlete or other Person for such Competitions at the Olympic Winter Games Milano Cortina 2026 in which such athlete or other Person has not yet participated.
- Exclusion from the Olympic Winter Games Milano Cortina 2026.
- Loss of accreditation.
- Automatic publication of sanction.
- Sanctions beyond the Olympic Winter Games Milano Cortina 2026: completion of the Results Management shall be referred to the applicable International Federation, and a sanction may include a period of ineligibility.

TEAMS

- Where more than one member of a team in a Team Sport has been notified of an Anti-Doping Rule Violation (ADRV) in connection with the Olympic Winter Games Milano Cortina 2026, the ITA shall conduct appropriate Target Testing of the team during the Period of the Games.
- If one or more members of a team in a Team Sport are found to have committed an ADRV during the Period of the Games, the rules of the relevant International Federation will apply in imposing a sanction on the team in addition to the consequences imposed on the individual athlete who committed the ADRV.
- Sanctions under International Federation rules may include for example:
 - Loss of points
 - Disqualification from a Competition, Event and the Olympic Winter Games Milano Cortina 2026
 - Other sanctions

EDUCATION RESOURCES

- **WADA ADEL for Milano Cortina 2026**
Available on WADA's Anti-Doping Education and Learning Platform (ADEL) in [English](#), [French](#), and [Spanish](#) (with additional languages available [upon request](#)). Those taking the course will have the opportunity to learn about the anti-doping rules and procedures, the doping control process, how to apply for a TUE, what Whereabouts information may need to be provided and for athletes, what their rights and responsibilities are.
- **ITA Milano Cortina 2026 Anti-Doping Program webinar**
In this webinar Matteo Vallini, ITA Head of International Federations and Major Events, and Damien Clivaz, ITA Senior Legal Counsel, will cover and answer your questions on:
 - The Milano Cortina 2026 Anti-Doping Rules
 - Doping Control
 - Therapeutic Use Exemptions
 - Results management in the case of a positive testThe goal is to empower you and your team to understand the rules and your responsibilities so you can focus on what you are in Milano Cortina to do – perform at your best.
Delivered in English, with simultaneous translation into Arabic, French, Russian and Spanish.
[Register here!](#) Dec 10, 2025 02:00 PM CET
- **Olympic Winter Games Milano Cortina 2026 slide deck**
A slide deck for use in pre-Games education activities. [Check it out here!](#)
- **NOC Clean Sport Education Guide**
For National Olympic Committees and other organisations to support pre-Games Education Programs.
[Check it out here!](#)
- **Athlete365 Anti-Doping webpage**
Key information for athletes and their entourage on the IOC Anti-Doping Program. [Check it out here!](#)

KEEPING SPORT REAL

If you have any questions, comments or feedback, please do not hesitate to contact the **ITA Education Team** at education@ita.sport



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Switzerland

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