

A GUIDE TO DOPING CONTROL FOR ATHLETES WITH IMPAIRMENTS

As an athlete with a **permanent or temporary impairment**, you may need specific modifications during doping control. Here is what you should know:

The Doping Control Officer (DCO) will ask if you need any **modifications** and what **specific assistance** you require.

Modifications will be agreed upon with the DCO. **If you need help, it can be provided by your athlete representative.**

Your **representative must wear gloves** when handling any sample collection equipment.

Any **assistance will be recorded** on the Doping Control Form.

Examples of Modifications »

01 PHYSICAL IMPAIRMENT

If you cannot seal bottles, due to a temporary or permanent impairment, your representative can do it for you while wearing gloves.

Your representative can assist you in providing a urine sample if needed.

02 VISUAL IMPAIRMENT

You may request your representative to act as a second observer during sample provision.

If you need help pouring your urine sample into the A and B bottles, your representative can assist while wearing gloves.

They can help you read the Doping Control Form for accuracy before signing.

03 INTELLECTUAL IMPAIRMENT

Your representative may explain the doping control process to ensure you fully understand it.

If you have difficulty completing the Doping Control Form, your representative can assist you.

IMPORTANT NOTE!

If you require additional equipment to provide a urine sample, it is your responsibility to have this equipment ready. Without it, you could face anti-doping rule violation proceedings for failing to comply with the doping control process. Please seek advice from a nurse, doctor, or occupational therapist if you are unsure what equipment is needed.