

# DHL PROCEDURE FOR SHIPMENT OF URINE SAMPLES

Link: <u>MyDHL+ | International Shipping and Courier Delivery (express.dhl)</u>

### Click on Ship – Create a Shipment

- You will need to have the following information:
- Addresses
- Reference of content to be detailed
- Size & weight of the package (can be approximate, will anyway be recalculated by DHL)
- Within EUR, from/to an non-European countries (i.e: Switzerland, Norway, UK)
  - VAT & EORI numbers of the Shipper
  - o VAT & EORI numbers of the Delivery

# From / To

- Fill in the detailed address and contact information of both sender/receiver.
- NB: The email address is very important to receive the tracking numbers and follow the package.

DHL Express	Help and Support Find a location   Q English   Deutsch   Français   Italiano 🎦
ome Ship Track	Register Lo
reate Shipment Pay Print	O Cancel
If you are already registered in MyDHL+, Login Nom	
From	То
Name	The Switch Name
First Name and Last Name	First Name and Last Name
Business Contact	Business Contact
Company 0	Company 0
*	*
Country/Tenitory	Country/Territory
Switzerland	*
Address	Residential Address
*	Email Address
	DHL will send shipment notifications to this email address
Address 2	
	Phone Type Code Phone Phone
Address 3	moune -
	SMS Enabled
Postal Code City State	🖾 Add Another
	EOFI Number
Residential Address	
Email Address	Notes about this contact
DHL will send shipment notifications to this email address	Notes about this contact
Phone Type Code Phone	
Mobile • 41 *	
SMS Enabled	
Add Another	
VAT/Tax ID Enter IOSS In Customs Declaration section	
EORI Number	
Enter IOSS in Customs Declaration section	
Clear Address	
	Next

## **Shipment Details**

- For shipment of samples always use "Packages"
- Summarize: " Exempt human specimen as per IATA 3.6.2.2.3.8 "
- Shipment Reference: Name of the competition
- Value: **1 €**
- No protection needed.



Documents	Packages	Prohibited Items
cuments include legal, financial or business paperwork. Items with netary value are NOT considered a document shipment.	Packages are goods, merchandise or commodities for personal or commercial purposes.	Some items that are prohibited when shipping t Switzerland. View Prohibited Items
ummarize the contents of your shipment (in detail) ovide details in English only	0	
Exempt human specimen as per IATA 3.6.2.2.3.8	~	
	45 / 170	
dd Shipment References		
ur first reference will appear on your shipping label/waybill. All	additional references will not show on shipping	
Name of the competition	×	
	Y	
	Y	
Add Reference	Y	
Add Reference What is the value of your shipment?	Y	
Add Reference	Y	
Add Reference What is the value of your shipment?	Y	
Add Reference What is the value of your shipment? Value 1		
Add Reference What is the value of your shipment?		
Add Reference What is the value of your shipment? Value 1	to protect your shipment! Learn about our shipment	

## **Select Packaging**

Measure and weight your packaging and enter the information. Note: 1 urine sample =  $\sim 0.3$  kg

Note that DHL will anyway measure/weight the package – and this will be adapted in the invoice. If your measure and weight aren't accurate, this will <u>not inhibit</u> the shipment.

### **Customs Invoice Details**

This is requested for only for some international shipment (from/to non-European countries within Europe).

|--|

On the drop-down list of choices, select "Personal property/Not for resale"

#### How will you pay?

The cost of shipment is to be borne by the organiser. Please select your mode of payment here.



## I'm sending my shipment on

Select the accurate date of shipping 
the date of delivery, time, and price will then be showed

Usually use "MEDICAL EXPRESS or EXPRESS"

<u>Timeframe for delivery of urine samples</u>: Urine Samples must be shipped to the designated WADA accredited laboratory wherever possible on the day of collection but maximum 2 days after. While under custody samples shall be stored somewhere cool, away from the sun and heat.

No need for "Optional Services".

## Do you want to schedule a courier pickup?

Here you can either schedule a pickup by a DHL courier OR bring the package to a DHL express office – at your best convenience.

Yes – Schedule Pickup 💉 No		-
I'm sending my shipment on 😗	Pickup Window – When courie	er may arrive and shipment is ready
October	Earliest 12:30 pm	Latest 4:15 pm
3 Today Edit 10:30 am	12:15 pm 2:	:00 pm 3:45 pm 5:45 pm
		ninutes for your Pickup Window e made for pickup today is 5:15 pm
Where should the courier pick up the shipment?	~	Pickup Address
Reception		ITA
Total Pickup Weight		International Testing Agency
1.5 kg		Switzerland International Testing Agency
Instructions for the courier		Avenue de Rhodanie 58
Add a contact person with phone number (in case the transporter cannot locate you)		Lausanne Lausanne, Vaud, 1007
	<u> </u>	Edit Make my default pickup address
Disclaimer and Important Details		

• Schedule pick up:

• Or find the nearest DHL office: Find DHL Locations (express.dhl)

# Do you need a return label?

Label is valid for 12 Months		
Yes – Create Label	No	×



# Shipment Cost Summary

Verify all information as it will not me editable once accepted

EXPRESS DOMESTIC 12:00 Wed, 4 Oct, 2023 - 12:00 pm	Transportation Charges	CHF	11.81	
wed, 4 Oct, 2023 - 12.00 pm	12:00 Premium	CHF	5.00	
Volumetric Weight 🚺 1.421 kg Total Weight 1.5 kg	Fuel Surcharge	CHF	3.07	
Chargeable Weight 1.5 kg	VAT/Tax	CHF	1.54	
	Total	CHF	21.42	
Terms and Conditions				
By clicking on Accept and Continue I am agree	ing to Terms and Conditions, and declare that this s	hipment does not i	nclude any Pr	ohibited Items .
				Accept and Continue

## **Print Documents**

Print the waybill and attach it on the outside of the box.

For non-European countries from/to Europe shipments: - print 3 copies of the invoice and hand these over to the courier or the DHL office.