

RETIREMENT FORM

Please complete this Form legibly and in capital letters

Rider's Family Name:	Rider's Given Name:
Date of Birth:	UCI ID: ADAMS ID:

I hereby confirm that **I am retiring from International-Event competition** in accordance with Article 4.8.7.3 of the UCI Testing & Investigations Regulations (UCI TIR), meaning that **I no longer intend to and effectively will no longer compete in International Events** as of now.

Note: International Events are all events included on the UCI Calendar which is available on the [UCI website](#) under the calendar section of each discipline.

I also confirm that I have read and understood Article 5.6.1 of the UCI Anti-Doping Rules (UCI ADR) as set out below. More specifically, I understand and agree that to compete again in International Events I will have to **give a six month prior notice** to the UCI (lads@uci.ch) or to the ITA (cycling.testing@ita.sport).

Article 5.6.1 UCI ADR

*If a Rider in the UCI Registered Testing Pool retires in accordance with the UCI Testing & Investigations Regulations and then wishes to return to active participation in sport, **the Rider shall not compete in International Events or National Events until the Rider has made himself or herself available for Testing by giving six (6) months prior written notice to the UCI.***

WADA, in consultation with the UCI and the Rider's National Anti-Doping Organization, may grant an exemption to the six (6) month written notice rule where the strict application of that rule would be manifestly unfair to a Rider. This decision may be appealed under Article 13.

If I'm subject to a period of ineligibility, I also confirm that I have read and understood Article 5.6.2 of the UCI ADR as set out below. More specifically, I understand and agree that to compete again in International Events I will have to **give a notice of 6 months (or a notice equivalent to the period of Ineligibility remaining as of the date the Rider retired, if that period was longer than six (6) months)** to the UCI (lads@uci.ch) or to the ITA (cycling.testing@ita.sport)

Article 5.6.2 UCI ADR

If a Rider retires from sport while subject to a period of Ineligibility, the Rider must notify the Anti-Doping Organization that imposed the period of Ineligibility in writing of such retirement. If the Rider then wishes to return to active competition in sport, the Rider shall not compete in International Events or National Events until the Rider has made himself or herself available for Testing by giving six (6) months prior written notice (or notice equivalent to the period of Ineligibility remaining as of the date the Rider retired, if that period was longer than six (6) months) to the UCI.

Rider's Signature	Date
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Please return this form to The International Testing Agency (ITA)
By mail: Avenue de Rhodanie 58, 1007 Lausanne, Switzerland
By fax: +41 21 612 12 12
By e-mail : cycling.testing@ita.sport